

TREATMENT
MENU





REDEFINING THE ART OF SPA

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WELCOME TO THE WALDORF ASTORIA SPA

Modern, yet timeless, the Waldorf Astoria Spa invites you to experience curated wellness offerings that inspire and renew. Whether your plans include a social celebration or a moment of solitary escape, needs are intuitively met with the artistry and graciousness for which we're renowned. Featuring a personalized approach and delivered with the highest standards, each spa experience unfolds flawlessly in the hands of our expert hosts.



W
WALDORF ASTORIA
Spa





VITALITY

OUR SPA SIGNATURE TREATMENT

Merging artistry and wellness, this rejuvenating massage is unique to Waldorf Astoria Spa and customized for each guest.

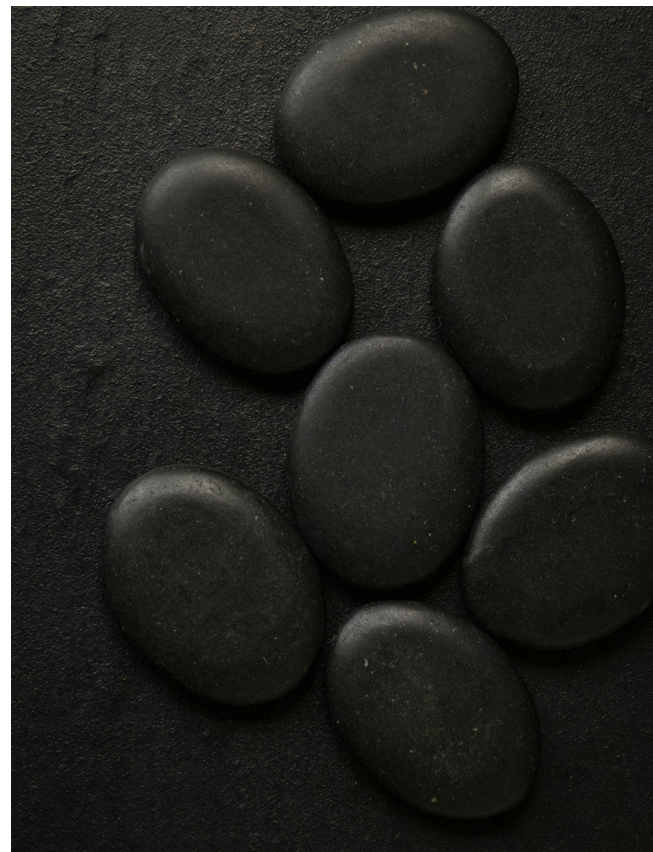
While our signature touchpoints are recognizable the world over, each location offers a distinct interpretation, yielding a one-of-a-kind experience that leaves you renewed and revitalized.

VITALITY

Our signature Vitality treatment delivers a luxurious New Orleans wellness experience. Enter to the soft scent of our custom perfume blend which transports you to calm, followed by a rhythmic massage, inspired by the bayou's calming pace,

80 MINUTES

which soothes the body. Warmed stones are then applied to target tension and revitalize muscles, while a locally sourced sugarcane scrub and reflexology foot massage relieve aches and restore balance. Complete the experience with gentle chimes, grounding you in the city's natural beauty and rich musical heritage, leaving you refreshed and rejuvenated.



THE SKINCARE ATELIER

Optimal results paired with a sumptuous experience, Waldorf Astoria Spa is at the forefront of skin health. Using carefully curated, prestige skincare and technology, our expert estheticians customize each service to individual needs and desired outcomes.

PERSONALIZED FACIAL

Experience a harmonious blend of skincare techniques tailored to your unique needs. Whether it be cooling hydration, soothing protection, refreshing purification, or deep nourishment, this personalized facial will leave your skin feeling radiant and rejuvenated.

50 / 80 MINUTES

AGE-LESS FACIAL

Defy aging with our ultimate lifting and firming facial. This innovative treatment utilizes advanced technology to target signs of aging, including loss of elasticity and thinning skin. Delivering deep skin regeneration, the result is a firmer, more youthful complexion.

80 MINUTES

THE DIAMOND EXPERIENCE FACIAL

This luxurious facial slows aging while locking in lasting moisture, leaving your skin feeling youthful and fresh. Dramatically reverse premature aging while increasing firmness and elasticity that will smooth fine lines, rejuvenate and rehydrate your skin.

80 MINUTES

ILLUMINATE FACIAL

Illuminate your complexion with our brightening facial. This transformative treatment combines a potent fusion of our Longevity Complex™, pink clay, and vitamin C with advanced lifting techniques to combat dullness, reduce fine lines, and restore your skin's youthful radiance.

50 / 80 MINUTES

MEN'S FACIAL

Specially formulated for men, this energizing facial combines a tailored approach with made-for-men products to balance the skin tone perfectly.

50 / 80 MINUTES

PLATINUM HYDRA FACIAL

Experience the ultimate HydraFacial. This transformative treatment combines lymphatic drainage, deep cleansing, a gentle chemical peel, and pain-free extractions using Vortex-Fusion technology. Super serums and LED therapy enhance results for personalized skin concerns, while a skin bath delivers nourishing hydration and antioxidants for the ultimate glow.

80 MINUTES

DELUXE HYDRA FACIAL

Harnessing hydra dermabrasion technology, discover our anti-aging facial for all skin types, designed to improve the appearance of fine lines, wrinkles, acne, hyper-pigmentation, congested pores, and uneven skin tone. Our deluxe treatment includes thorough exfoliation, extractions, LED therapy, and exceptional hydration through antioxidant, peptide, and hyaluronic acid infusions.

50 MINUTES

BEING WELL

Our collection of massage, body treatments and wellness services. Reimagined classics and locally inspired offerings, these services showcase the very best in wellness innovation.

MASSAGE

RELAXATION MASSAGE

Immerse yourself in the therapeutic power of aromatherapy. Our customized massages combine ancient wisdom with modern techniques, using a unique blend of essential oils to promote ultimate relaxation and well-being.

50 / 80 / 110
MINUTES

DEEP TISSUE MASSAGE

Experience a targeted massage that promotes recovery and enhances performance. This treatment focuses on relieving muscle tension and improving flexibility.

50 / 80 / 110
MINUTES

DESTRESS CUPPING MASSAGE

Experience a targeted massage that promotes recovery and enhances performance. This treatment focuses on relieving muscle tension and improving flexibility.

50 / 80 / 110
MINUTES

PRO SLEEP MASSAGE

Inspired by the Indonesian Sea Malay Massage, this exceptional ritual acts in synergy with our Tranquility sound and essential oil blend to effectively induce a state of deep rest. An ideal treatment for post-travel recovery.

80 MINUTES



COUPLES MASSAGE

Seek tranquility together with our Couples Relaxation Massage. You and your partner will enjoy synchronized massages that use soothing, rhythmic strokes to relieve tension and promote deep relaxation. Aromatherapy oils enhance the experience, allowing you to unwind, reconnect, and leave feeling rejuvenated.

50 / 80 / 110 MINUTES

PRE-NATAL MASSAGE

Designed for expectant mothers in the second or third trimester, this restorative massage helps alleviate discomfort in the areas most experienced during pregnancy.

50 / 80 MINUTES

BODY

CBD CRÈME HYDRATION

Our deeply regenerative creme wrap is the perfect blend of luxury and rejuvenation. Infused with CBD and antioxidant-rich botanicals, this treatment deeply hydrates and restores your skin's natural radiance.

50 MINUTES

CBD DETOX MUD WRAP

With its organic blend of ingredients from earth and sea, this specially formulated mud wrap gently cleanses and illuminates the skin. Combining CBD, coffee and Himalayan salt scrub with a mask made from moor mud, olive green clay and lavender oil, finish with an ultra-rich CBD creme leaving your skin hydrated and your body restored.

80 MINUTES

CBD REAWAKENING COFFEE SCRUB

Boasting powerful regenerative properties, our CBD, coffee and Himalayan salt scrub relieves soreness, exfoliates the skin, and prevents stretch marks – while also avoiding breakouts and reducing the appearance of cellulite.

50 MINUTES



COMPLEMENTS

Designed to complement our curated treatment offering, these enhancements can be seamlessly paired with the treatment of your choice.

CBD THERAPEUTIC PAIN RELIEF

Elevate your massage with our CBD-infused treatment. Relax your mind, soothe your body, and relieve aches and pains with this powerful blend of CBD and therapeutic plant extracts.

CELLU BOOST

Elevate your treatment with our Caffeine Shot Ampoule. This powerful blend of stabilized caffeine and dragon eye extract can be added to any massage or body treatment to help boost circulation, reduce puffiness, and firm the skin.

SCALP MASSAGE

Relax and rejuvenate with our scalp massage. This treatment combines essential oils and acupressure to soothe your scalp, relieve tension, and promote hair health.

THERAGUN

The ultimate recovery tool, Theragun relieves muscle tension, improves blood flow, and reduces inflammation, helping you recuperate faster and feel like yourself again.

DRY OIL

Hydrate, soften, and illuminate your skin with our lightweight dry oil. Choose from energizing, detoxifying, de-stressing, or fitness blends for the ultimate tailored experience.



FACIAL COMPLEMENTS

KNESKO EYE PATCHES

Revive tired eyes instantly. This treatment reduces puffiness and dark circles, leaving you refreshed and with a radiant appearance.

KINESKO LIP THERAPY

This gentle treatment erases dryness and hydrates your lips while minimizing the appearance of wrinkles, finishing with a silky balm to reveal fuller-looking lips.

PEEL BAR

Our indulgent treatment addresses your specific skin concerns. Whether you need to re-plump, smooth, or purify your skin, this innovative treatment delivers targeted results.

RECOVERY

CONTRAST THERAPY

A centuries-old tradition, this health-boosting experience alternates between hot and cold therapies, cycling between infrared sauna, cold plunge, and rest. Known to boost physical performance, decrease inflammation, sharpen mental focus, and improve sleep, contrast therapy is ideal for those seeking renewal and rejuvenation.

Contrast therapy is available for individuals or for 2 people.

FROM 45 MINUTES

RECOVERY LOUNGE

Rejuvenate your body and mind in our Recovery Lounge featuring advanced wellness technologies including red light therapy, air compression boots, percussion therapy, and harmonic loungers with guided meditation. This self-guided journey is tailored to individual needs to enhance recovery, reduce stress, and restore vitality.

The Recovery Lounge is available for individuals or groups up to 4 people.

FROM 25 MINUTES

SPA TERMS & CONDITIONS

OPENING HOURS

Sunday–Thursday: 9am – 5pm

Friday–Saturday: 9am – 7pm

SPA FACILITIES

Our spa comes complete with a men’s and women’s locker area, plush robes, and comfortable slippers. We also offer complimentary tea, coffee, infused water, mimosas, and champagne, as well as fruit and snacks.

ARRIVAL POLICY

We kindly request that you check in a minimum of 15 minutes prior to the start of your first scheduled treatment. Our treatments begin promptly as scheduled. Where possible, we will accommodate late arrivals. However, if we are unable to accommodate a late arrival, your treatment time may be shortened at the full-service price.

GIFT CERTIFICATES

Our American Express gift cards offer guests the flexibility to select from a variety of spa treatments, packages, and products, or customize a spa gift with a personal treatment selection. Available for purchase online at www.therooseveltneworleans.com. Gift cards can be redeemed at any Hilton in the USA.

VALET PARKING

Spa guests receive complimentary valet parking with each appointment. Please advise Reservations at the time of booking.

SPA TERMS & CONDITIONS

CANCELLATION POLICY

If you need to cancel your appointment, please provide 24 hours' notice to avoid incurring the full therapy fee.

BOOKINGS & EVENTS

For a unique and memorable experience, The Waldorf Astoria Spa at the Roosevelt is the perfect setting to host groups and special events.

SERVICE CHARGE

A 20% service charge will be added to all services for your convenience.

WALDORF ASTORIA SPA
NEW ORLEANS

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